



Shido-kan Shorin Ryu Karate Elementary Testing Requirements

志道館

Consistent attendance is a factor. There is no maximum time frame between promotions, but at the lower ranks two to three months should be expected, with the time increasing with rank. Each student will progress at their own pace. This is a life long journey!

The student's attitude and behavior are also important factors. A student should never ask to be tested! A better question would be for the student to ask what they need to improve before their next test. Parents are welcome to discuss their child's progress with the instructors before and after classes.

Age is a factor only when looking at the higher ranks. The highest rank a participant in the elementary division can achieve is a Junior Black Belt. A teenager who is progressing well may receive permission to join the adult classes. The lead instructor and Sensei Menders will make the determination on a case-by-case basis. The youngest age that a black belt can be obtained in the Shido-kan Shorin-Ryu style is 14.

Note that any requirement from a lower rank can, and will, be on the test. Students are expected to improve their techniques and abilities on all previous requirements.

11th Kyu - White Belt, Orange Stripe Basic punches, kicks, blocks Rolls - Front and Shoulder Stances Patience, Discipline, Attention, Following Directions	5th Kyu - Yellow Belt, Green Tip Pinan Sandan Kata Kumite 1-3
10th Kyu - White Belt, 2 Orange Stripes Kihon Kata 1 – 3	4th Kyu - Green Belt Pinan Yondan Kata Pinan Godan Kata Kumite 4-6
9th Kyu - Orange Belt Circle Block Kihon Kata 4 - 5 Partner - Front Kick, Inside Block, Outside Block	3rd Kyu - Green Belt, Brown Tip Passai Sho Kata Niahanchi Nidan Kata Bunkai - Pinan Shodan Bunkai - Pinan Sandan
8th Kyu - Orange Belt, Yellow Stripe Niahanchi Shodan Bunkai Kihon Kata 4 - 5 Chart 1-4	2nd Kyu - Brown Belt Kusanku Sho Kata Niahanchi Sandan Kata Kumite 7-10 Bunkai - Pinan Yondan
7th Kyu - Orange Belt, 2 Yellow Stripes Pinan Shodan Kata Chart 5-9	1st Kyu - Brown Belt, Black Stripe Passai Dai Kata Oyo Bunkai - Niahanchi Shodan Oyo Bunkai - Pinan Shodan
6th Kyu - Yellow Belt Pinan Nidan Kata Chart 2 - 1-5	1st Dan – Junior Black Belt Kusanku Dai Kata Chinto Kata Kumite 13-15 Oyo Bunkai - Pinan Yodan Oyo Bunkai - Pasai Sho